

## Beacon Community Services

*People Helping People*

Beacon Community Services is a community-based, not-for-profit, social, employment, health, recreational, housing and volunteer services agency, offering a wide range of programs and services to thousands of clients in the Capital Regional District.

Our strongly knit family of employees and volunteers promotes independence and self-sufficiency with dignity, respect and compassion. We help people to help themselves, and it is a job that we have grown into over the past three decades.

Services we offer include:

- Counseling and Mental Health Services
- Employment Services
- Home Support
- Housing
- FASD Program
- Assisted Living and Dementia Care
- Meals on Wheels
- SHOAL Activity Centre
- Volunteer Services
- Thrift Shops

For more information call  
656-0134 or visit our website at  
[www.beaconcs.ca](http://www.beaconcs.ca)



## Services for Children

**1000 x 5 Children's Book Project**  
Phone: 250-656-0134

**Car Seat Safety**  
Phone 250-884-3701

**Mother Goose - Rhyme Time**  
Phone: 250-415-3535

**Out-of-School Care**  
Phone 250-652-6686

**Peninsula Best Babies**  
Phone 250-656-0134

**Peninsula Connections  
for Early Childhood**  
Phone: 250-415-3535

**Roots of Empathy**  
Phone: 250-415-3535

**Sidney StrongStart**  
Phone: 250-655-9132

**Teen Education and Motherhood (TEAM)**  
Phone: 250-544-0132



## Services for Children



We are the Saanich Peninsula's 'Neighbourhood House' - a place where parents and children are always welcome.

Visit us for guidance and support, learning and educational opportunities, playtime fun for pre-schoolers, out of school care, parenting programs, resources and referrals to other supports.

## Peninsula Best Babies

This program supports women through pregnancy to help them deliver healthy babies. Moms and spouses are welcome to join us every Monday to learn about food preparation, budgeting, rest, substance use, exercise and stages of child development. A nutritious lunch is provided, along with supplements, milk and eggs to take home.

Mondays 11am-1pm  
Wakefield Manor,  
9924 Third Street, Sidney  
Phone 250-656-0134

## You and Your Baby Drop-In

A weekly drop in for Mom's and babes aged birth to 18 months to socialize in a relaxed setting. Guest speakers address the ages and stages of child development, health, nutrition and other topics of interest. Childminding and refreshments are provided.

Mondays 10am-noon  
St. Paul's United Church  
2410 Malaview Avenue, Sidney  
Phone 250-656-0134

## Teen Education and Motherhood (TEAM)

The T.E.A.M. Centre at Stelly's Secondary School is a licensed facility that provides a safe, enriching program for children under 3 while their mothers attend school.

Phone: 250-544-0132

## Sidney StrongStart

Free, school-based early learning programs for infant to five year old pre-schoolers and their parents or caregivers. Children develop important skills through play, art, stories, songs and healthy eating habits.

Monday through Friday 8:40-11:40am  
Sidney Elementary  
2410 Malaview Avenue, Sidney  
Phone 250-655-9132

## Mother Goose Rhyme Time

A fun program of nursery rhymes and music that help develop language skills for infants and toddlers aged 2 months to 3 years and social connections for parents and caregivers.

Phone 250-415-3535

## Out-of-School Care

Professional, licensed after school and summertime care for 5 to 12 year olds that includes activities that focus on fun, learning and healthy socializing. Snacks are provided and outings are scheduled on a regular basis.

Kelset Care at Kelset Elementary School  
Otter be Fun at Brentwood Elementary  
Phone 250-652-6686

## Car Seat Safety

Free clinics to learn proper use and maintenance of car seats. Over 50% of car seats are installed incorrectly! To book an information session, call 250-884-3701.

## Peninsula Connections for Early Childhood (PCEC)

We work to strengthen connections and community involvement with people and agencies who provide services for young children on the Saanich Peninsula so that together, we can:



- raise community awareness of the importance of the early years;
- promote the healthy growth and development of young children;
- foster early literacy development;
- support parents and guardians;
- advocate and take action on behalf of all young children on the Saanich Peninsula.

Look for these PCEC initiatives:

[Peninsula Parks and Play Spaces: A Community Green Map](#) (available throughout the community and at [peninsulaconnections@beaconcs.ca](mailto:peninsulaconnections@beaconcs.ca))

The [Roots of Empathy](#) program teaches elementary school children empathy by introducing them to infants in the classroom.

The [1000 X 5 Children's Book Project](#) works to ensure that all children on the Saanich Peninsula have 1000 stories read to them by the time they are 5 years old. For more information email [d1mvictoria@shaw.ca](mailto:d1mvictoria@shaw.ca).