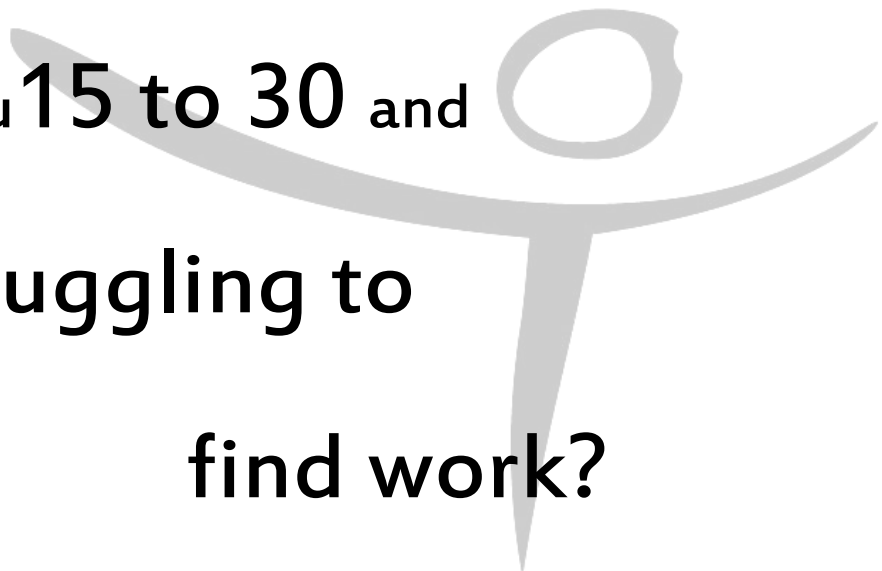




Are you **15 to 30** and
 struggling to
 find work?



Springboard to Success

Springboard to Success is a ten week paid employment program for youth 15 to 30.

WHO IS ELIGIBLE:

- ✓ Between 15-30 years old
- ✓ Unemployed and not in full-time school
- ✓ Looking for long-term employment
- ✓ Struggling to find work



WHAT TOPICS ARE COVERED:

- ✓ Team building
 - ✓ Communication skills
 - ✓ Career exploration
 - ✓ Money management
 - ✓ Dealing with conflict
 - ✓ Job maintenance
 - ✓ Setting up and going on interviews
 - ✓ Nutrition and fitness information
 - ✓ First Aid, Food Safe, Serving it Right, World Host
 - ✓ Resumes/covering letters, networking and interviews
- ✓ Daily individual job search planning/goal setting



Next Start Date July 19th, 2010

For more information call Ashley, Daniel or Lana at

250.655.5303



The Government of Canada has contributed to this initiative.